## INTERACTIVE CHALK OBSTACLE COURSE IDEAS

## NO MATTER IF YOU DO THIS WITH JUST YOUR FAMILY OR YOU CHALLENGE YOUR ENTIRE NEIGHBORHOOD, IT'S A GOOD TIME!

FIRST, BE SURE TO INDICATE WHERE TO START THE COURSE AT.

NEXT, THINK OF SOME ACTIONS YOU WOULD LIKE TO INCLUDE AND START MARKING OUT YOUR COURSE.

BELOW ARE SOME OPTIONS BUT FEEL FREE TO INCLUDE YOUR OWN.

ADD ARROWS, SHAPES, PICTURES, SHARK FINS, OR FLOWERS. BE CREATIVE!:

Hop like a rabbit

Jump like a frog

Buzz like a bee

Stomp like an elephant

Roar like a dinosaur

Whistle

Touch your toes

Spin

Jumping jacks

Skip

Walk on a balance beam

High knee jumps

Lounges

Hopscotch

Long jumps

Run on a zig zag line

FINAL THING, DON'T FORGET TO HAVE FUN!